



Recently, MRSA (or Methicillin-resistant *Staphylococcus Aureus*) has been in the news. This antibiotic resistant bacteria most commonly occurs in the healthcare setting, however infections in schools and athletic facilities have become more prevalent.

Protect yourself, others, and the children around you!

Use the following information to help your end user develop a MRSA Prevention Plan, including the use of **CELLO** Disinfectant Products, to protect their facility.

What is MRSA?

MRSA (or Methicillin-resistant *Staphylococcus Aureus*) is a Staph bacteria infection that is resistant to certain antibiotics. Community-associated MRSA (CA-MRSA) infections most commonly manifest as skin infections, such as pimples and boils. They appear red, swollen, are painful, have pus or other drainage, and occur in otherwise healthy people.

How to Prevent?

Preventing the spread of MRSA is relatively easy. Practice good hygiene, cover cuts, avoid skin contact, and keep your facility clean!

1. **Practice good hygiene** - wash hands with soap and water or use an alcohol-based hand sanitizer, and shower immediately after exercise.
2. **Cover cuts** - cuts or skin abrasions should be covered with a clean dry bandage.
3. **Avoid skin contact** - do not share items that come in contact with bare skin, and use a barrier (e.g., clothing, towel) between your skin and shared exercise equipment.
4. **Keep your facility clean** - establish procedures for surfaces that commonly come in contact with people's skin. The use of Environmental Protection Agency (EPA)-registered disinfectants is effective in killing MRSA bacteria on hard surfaces.

CELLO can help!

CELLO offers many disinfectant cleaners that kill MRSA bacteria on hard surfaces. Visit the **CELLO** homepage, <http://www.cello-online.com>, for more information about the following products. Or, contact your CELLO Customer Service Representative, 800-638-4850.

- **B05, #10 HOSPITAL DISINFECTANT CLEANER**
- **Z16, LEMON EXTRA**
- **B03, GLADIATOR**
- **Cleanworks2 #9 MULTI-PURPOSE DISINFECTANT**

In addition, you can help prevent the spread of MRSA by washing your hands with **CELLO** Skin Care Products.

For more information on MRSA, visit the Centers for Disease Control and Prevention (CDC) website or the news article links.

- **CDC - Overview of Community-Associated MRSA**
http://www.cdc.gov/ncidod/dhqp/ar_mrsa_ca.html
- **CDC - MRSA in Schools**
<http://www.cdc.gov/Features/MRSAinSchools/>
- **U.S. deaths from staph 'superbug' may surpass AIDS deaths**
The Dallas Morning News. (October 17, 2007). U.S. deaths from staph 'superbug' may surpass AIDS deaths. *dallasnews.com*. Retrieved October 17, 2007. from
<http://www.dallasnews.com/sharedcontent/dws/news/dmn/stories/101707dnnatstaph.179095718.html#>.
- **Staph death jars county**
Cutright, Courtney. (October 17, 2007). Staph death jars county. *Roanoke.com*. Retrieved October 18, 2007. from
<http://www.roanoke.com/news/roanoke/wb/136119>.

The CDC also has many posters that can be printed and posted in key areas (e.g., restrooms, locker rooms) of your facility.

- **CDC – MRSA Educational Materials**
http://www.cdc.gov/ncidod/dhqp/ar_mrsa_ca_posters.html